LIFESKILLS

# COMMERICAL DRIVER RESPONSIBILITY



Our roadways are only as safe as the values of the drivers





#### LIFESKILLS COURSE # W 113



### **Commercial Driver Responsibility**



#### COURSE DESCRIPTION

The Commercial Driver Responsibility course is not a standard traffic program. Our research shows that problem drivers have other factors in their life that cause them to repeat offenses or disregard traffic laws. This is a lifeskills course that teaches cognitive and emotional skills needed by today's commercial drivers of all ages, who may need to re-examine their driving values, attitudes, and behaviors to become safer drivers.



## LEARNING OBJECTIVES & SKILL DEVELOPMENT

- · Opportunity and Growth
- Self-Awareness
- · Examine values, attitudes, and beliefs
- Emphasize responsibility for negative and positive choices



#### COURSE CONTENT

Unit 1: Driver Values + Attitudes + Beliefs = Behavior

Unit 2: Driver Professionalism

Unit 3: Commercial Driving Violations

Unit 4: Anger Avoidance

Unit 5: Emotional Factors

Unit 6: Driving with Safety in Mind

Unit 7: Driving Under The Influence

Unit 8: How To Change And Be Happy



#### RECOMMENDED USES

- Self-Directed—Student does most of the course work independently with a coach or mentor.
- Group—To be completed in a group format with a facilitator.
- Hybrid—A combination of self directed learning and group instruction.



## **eLEARNING ACTIVITIES**

- · Narration & Story Telling
- Animated Thoughts
- Self Assessments
- Scenario Based Learning
- Focused Journaling
- Application and Skill Building



#### COURSE INFORMATION

Author and Publisher: ACCI Lifeskills

Course Format: eLearning

Item Number: W 113

eLearning Length: 399 Slides

Scientific Model: Cognitive Restructuring



#### **PURCHASE OPTIONS**

- · License to reprint
- Purchase individual courses
- eLearning license

#### CRIMINOGENIC NEEDS MET

Vocational Development

Employment

Pro-Social Values, Attitudes, and Beliefs